The Canadian Association of Psychosocial Oncology’s 2006 conference, Psychosocial Risks and Consequences across the Lifespan, will address the increasing importance of the psychosocial impact of cancer over the entire lifespan. As our population ages and lives longer, issues of survivorship in later life become extremely important. Discoveries in cancer genetics open up new challenges to identification of risk in younger individuals who may already have experienced cancer in their parents. Children with cancer and their siblings are especially vulnerable. Several outstanding keynote speakers will address these and other developmental issues regarding psychosocial factors: Dr. Robert Croyle, Director, Behavioral Sciences and Population Research at the National Cancer Institute (US); Dr. Andrea Patenaude, Dana Farber Cancer Institute and Harvard University; and Dr. Betty Davies, University of California at San Francisco.

**Conference Objectives:**
- Foster professional development for care providers working with cancer patients and their families by sharing knowledge, skills and experience among participants.
- Explore and discover how clinical practice informs research and integrates valid clinical research into the care we give patients.
- Encourage multidisciplinary networking for ongoing collaborative work among the multiple disciplines represented at the event.
- Encourage the examination of psychosocial issues from a lifespan developmental perspective as it may inform clinical practice.
- Provide a forum for the discussion of cutting-edge psychosocial oncology research across the cancer trajectory within a developmental perspective.

**Location:**
The warmth of Montréal in the springtime only enhances the “joie de vivre” for which Québec is famous. The flowers begin to bloom and the leaves turn to the sun for energy to emerge and flourish as the city sparkles and shines into the beckoning summer. Montréal is everyone’s favourite destination to visit, learn, shop and dine in the myriad restaurants, bars, clubs and bistros. This makes the CAPO meeting the place to be and learn and share. From the top of Mount Royal to the Old Port, stroll and take in some of our French flavour, sprinkled with a multi-ethnic and multicultural coulis. You won’t be disappointed!
Keynote Speakers:

This year's conference offers an impressive roster of keynote speakers. Simultaneous translation into French will be available for all keynote addresses.

Robert T. Croyle, PhD

Dr. Croyle was appointed Director of the Division of Cancer Control and Population Sciences at the National Cancer Institute (U.S.) in July 2003. He previously served as the division's associate director for the Behavioral Research Program, leading its development and expansion. Before coming to NCI in 1998, he was professor of psychology and a member of the Huntsman Cancer Institute at the University of Utah in Salt Lake City. Prior to that, he was a visiting investigator at the Fred Hutchinson Cancer Research Center in Seattle, visiting assistant professor of psychology at the University of Washington, and assistant professor of psychology at Williams College in Massachusetts.

His recent research has examined how individuals process, evaluate and respond to cancer risk information, including tests for inherited mutations in BRCA1 and BRCA2. His research has been published widely in professional journals in behavioral science, public health and cancer, and he has edited two volumes: Mental Representation in Health and Illness (1991) and Psychosocial Effects of Screening for Disease Prevention and Detection (1995). Dr. Croyle received the NIH Merit Award in 1999 and 2002, and the NIH Director's Award in 2000.

Dr. Croyle's presentation is titled “Psychosocial Oncology in the Era of Big Science.” From his unique vantage point, he will provide us with an overview of the important and crucial position of behavioural science research in the era of the human genome, targeted therapies, and population-based cancer control strategies.

Dr. Andrea Patenaude

Dr. Patenaude is Director, Psycho-Oncology Research, Division of Pediatric Oncology, Dana-Farber Cancer Institute and Associate Professor of Psychology, Department of Psychiatry, Harvard Medical School in Boston, MA.

Her presentation is titled “A Simple Twist of Fate: The Psychological Impact of Hereditary Susceptibility to Cancer Across the Lifespan.” The talk will be an exploration of what we know from clinical work and research studies about the impact of having a hereditary cancer susceptibility identified in one's family, making the decision for or against genetic testing, reacting to learning the results of that testing, making decisions about the risk management strategies recommended to mutation carriers and the emotional outcomes of those choices. She will consider the impact on children and adults at different stages in their development and will also try to anticipate how these issues will change in the coming decades as genetic medicine advances.

Dr. Betty Davies

Dr. Davies is Professor, Department of Family Care Nursing at the University of California at San Francisco. Prior to being recruited as chair of this department, she had been on the faculty in the School of Nursing at the University of British Columbia. She is an expert in the area of dying, death, and bereavement. She has written two books in this area and is internationally recognized for her leadership role in establishing North America's first freestanding hospice for children in Vancouver.

Her talk, titled “Helping Grieving Children Learn: Lessons From the Siblings,” will focus on the reactions of siblings to a child's death. The reactions of siblings have largely been ignored, and health care professionals remain uncertain about how children grieve and how adults may be most helpful. Dr. Davies will draw on her extended program of research with children and families following a child's death, and on clinical experiences and personal history, to present five lessons learned about sibling bereavement and how to support grieving children by benefiting from reflections on our own histories and how the 'end is the beginning' for each of us.

Brian Lobel

Brian Lobel's performance, “BALL” is about the perception of illness, struggle and survivorship in society today. Composed of 13 short monologues, “BALL” attempts to answer one central question—in a world of Lance Armstrong victories, books and speaking tours, what's an awkward, unmasculine, unathletic, average 20-year-old boy with cancer to do? Instead of a linear narrative, the 13 pieces each try to capture a moment or single issue related to life with testicular cancer and all of its related trauma and humor.

Brian Lobel holds a BA from the University of Michigan–Ann Arbor with a double major in performance and social identity (highest honors) and political science. He is currently working as an apprentice in the artistic department of Steppenwolf Theatre Company in Chicago.
Public Reception

Celebrating supportive care—An evening of sharing, hope, learning and music

Wednesday May 3, 2006
7:00 p.m. – 9:30 p.m.
Marriott Chateau Champlain Hotel
1 Place du Canada, Montreal, QC

As a lead-in and introduction both for the general public and conference attendees, CAPO 2006 is hosting a unique event that celebrates the vital role of supportive care for cancer patients and their families.

As the kick-off event for the CAPO 2006 conference, we are inviting more than 300 conference attendees and members of the public—in particular cancer survivors, family members and members of advocacy groups—to attend to celebrate the impact psychosocial care has had on the lives of thousands of Canadians.

The evening will feature renown speakers and the music of concert pianist John Arpin, followed by special desert banquet.

Sheila Kussner, President and Founder of Hope and Cope, will speak about her experiences from the perspective of an adult survivor of childhood cancer, who has had a lifelong passion to improve the quality of life for cancer patients and their families. Her story is compelling.

Jimmie Holland, Chair in Psychiatric Oncology at the Memorial Sloan-Kettering Cancer Center in New York, will share insights about the impact of psychosocial care in the spectrum of cancer care.

John Arpin, a well-known virtuoso Canadian pianist, has played concerts around the world. He has more than 40 CDs to his credit and numerous awards, including winning first place at the annual Scott Joplin Festival—not once, but twice.

There is no fee for this reception, but donations at the door are welcome. Charitable receipts will be available.

Please note advance registration for this reception is not required.

Optional Pre-conference Workshops

Wednesday, May 3, 2006
8:30 a.m. to 12 noon:

Workshop A (in English):
Hypnosis in Advanced Illness: Finding Hope in the Forest of Pain and Suffering

Presenters:
• Sylvain Néron, PhD, Psychosocial Oncology Program, Pulmonary Oncology, and Palliative Care Services, SMDB-Jewish General Hospital, McGill University; Laval U., and CFCH-Quebec Division
• Maryse Duchesne, D.Ps. candidate, Université du Québec à Trois-Rivières.

Objectives:
Upon completion of this workshop, participants will:
• Gain knowledge about the role of hypnotic approaches in advanced illness clinical context
• Identify therapeutic metaphors and suggestions involved in directing the mind toward improving self-regulation and facilitating realistic hopefulness.

This workshop will illustrate how hypnotic suggestion can be used in symbolic and metaphorical form for palliation of symptoms and self-regulation, and alleviation of suffering. It will also focus on practical ways of integrating hypnosis in several clinical contexts at different points of the treatment trajectory.

Workshop B (in French)
Une aventure innovant de collaboration et de continuité :
La mise en place du Programme québécois de lutte contre le cancer (PQLC) en Montérégie dans le lien intervenants/patients/familles.

Formateur:
• Anne Plante

Objectifs:
• Ce programme invite donc au travail interdisciplinaire centré sur le patient, sa famille, son réseau et sur ses ressources.
• Nous décrirons les stratégies d’implantations mises en place depuis les six dernières années en Montérégie et nos réflexions face aux résultats.

... continued on next page
En 1998, le Ministère de la santé et des services sociaux du Québec publie le Programme québécois de lutte contre le cancer dont le titre résume bien l’orientation : « Pour lutter efficacement contre le cancer, formons équipe ». La Montérégie a été désignée comme région pilote de la mise en application du programme. Comment mobiliser une région de onze CSS et d’un centre hospitalier affilié universitaire, voilà le défi auquel nous étions confrontés. Notre atelier portera sur l’appropriation en Montérégie des objectifs proposés par le programme : « humanisation, qualité, efficacité, efficience et accessibilité ».

**Wednesday, May 3, 2006**

1:00 p.m. to 4:30 p.m:

**Workshop C (in French):**

*Ni héros ni zéros : soutenir les proches-aidants de malades en fin de vie*

**Formateurs :**
- Sylvain Néron, PhD, Hôpital général Juif-SMBD, Montréal, Québec; U. McGill
- Nadine Bernier, candidate au doctorat, U. Laval, Québec

**Objectifs :**
- Discuter de la situation des proches dans le contexte des soins de fin de vie
- Discuter de la situation des professionnels qui doivent aider les proches-aidants
- Identifier rapidement les besoins des proches-aidants
- Pratiquer en petits groupe différents exercices susceptibles de soulager la détresse ou de solutionner les problèmes rencontrés par les proches-aidants.

Voici un atelier de 3 heures où vous pourrez réfléchir sur votre pratique professionnelle et apprendre comment adapter des pratiques cliniques connues au contexte de l’aide aux proches-aidants.

**Workshop D (in English):**

*Spiritual Interventions to Enhance Existential Adjustment in Cancer*

**Presenters :**
- Pierre Gagnon, MD, FRCPC, Team Leader, CIHR NET on Interventions in Palliative Care; Psychiatrist and Researcher, Hôtel-Dieu de Québec Research Centre and Maison Michel-Sarrazin; Professor, Faculty of Pharmacy, University Laval, Quebec City
- Lise Fillion, PhD, Professor, Faculty of Nursing, University Laval, Quebec city, Canada; Psychologist, Hôtel-Dieu de Québec
- Jose Pereira, MD, Alberta Cancer Foundation Professorship in Palliative Medicine, University of Calgary
- Harvey Max Chochinov, MD, PhD, FRCPC, Canada Research Chair in Palliative Care; Professor, Department of Psychiatry, Faculty of Medicine, University of Manitoba; Director, Manitoba Palliative Care Research Unit

**Objectives:**
- Define the existential/spiritual needs/issues of cancer patients
- Explore different interventions designed specifically to address existential issues:
  - Dignity Therapy
  - Group and individual existential therapies for cancer patients
  - Existential interventions for multidisciplinary palliative care teams
- Group existential therapy for palliative care nurses.

Clinicians, researchers and educators increasingly acknowledge the importance of spirituality. This workshop addresses the evidence pertaining to spirituality, cancer, dying patients, their health care providers and caregivers. Four thematically linked presentations consist of the following: Dr. Chochinov provides an overview, definition, and state of evidence addressing “meaning-centred” interventions, in the context of his Dignity Therapy interventions. Dr. Pereira explores the notion that spiritual care for non-chaplain team members is often embedded in physical and attitudinal aspects of caring. Drs. Gagnon and Fillion both introduce specific interventions addressing existential aspects, respectively directed at patients with cancer and palliative care nurses. The existential therapies they developed address the specific needs of these populations who face the reality of cancer and death in a unique way.

**Workshop E (in English)**

*A Unique Adventure in Collaboration and Continuity of Care: Implementation of the Québec Cancer Control Program in the Montérégie Health Region Linking Health Care Professionals, Patients and Families*

**Presenter:**
- Anne Plante

**Objectives:**
- This workshop will describe a unique interdisciplinary regional program, based on an integrated patient/family, network, and resources-centred approach.
- We will describe our implementation strategies over the past six years in the Montérégie health region and review our results so far.

In 1998, the Ministry of Health and Social Services in Québec published the Québec Cancer Control Strategy, which had as its subtitle, “To control cancer effectively, we must be a team.” The Montérégie health region (just south of Montréal) was designated as a pilot region for the implementation of this new program. The formidable challenge was how to integrate a university teaching hospital with 11 community health centres into an effective cancer control network. In this workshop, we will focus on the guiding principles of the Québec program: “humanization, quality, effectiveness, efficiency and accessibility.”
## Preliminary Agenda

**Hotel Information**

Our host hotel, the Marriott Chateau Champlain, towers over the heart of downtown Montreal at the foot of Dominion Square. It’s a short stroll or direct Metro connection to the best shopping in the world in the underground core... and Old Montreal, the historic port area with buildings dating back 300 years and more—museums, sights, sounds, street vendors, artists, buskers facing the Old Port and its fabulous entertainment, river views and walks. It’s a stay you won’t soon forget!

CAPO attendees benefit from a preferred discount conference rate of $169 per night. Please ask for the “CAPO” rate when booking. For booking information, call 514-878-9000 or 1-800-200-5909.

<table>
<thead>
<tr>
<th>Date (2006)</th>
<th>Time</th>
<th>Function</th>
</tr>
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<tbody>
<tr>
<td>Wednesday, May 3</td>
<td>8:00 a.m.-12:00 p.m.</td>
<td>Optional morning pre-conference workshops—two workshops, coffee break at 10:30 a.m.</td>
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<tr>
<td></td>
<td>1:00 p.m.-4:30 p.m.</td>
<td>Optional afternoon pre-conference workshops—three workshops, coffee break at 2:30 p.m.</td>
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<td></td>
<td>7:00 p.m.-9:30 p.m.</td>
<td>Public lecture/reception—Sheila Kussner, Jimmie Holland, John Arpin *</td>
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<tr>
<td>Thursday, May 4</td>
<td>All day</td>
<td>Registration/information desk (throughout conference) Displays (throughout conference)</td>
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<td>7:30 a.m.-8:30 a.m.</td>
<td>Breakfast</td>
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<tr>
<td></td>
<td>8:30 a.m.-9:00 a.m.</td>
<td>Opening ceremonies *</td>
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<tr>
<td></td>
<td>9:00 a.m.-10:30 a.m.</td>
<td>Keynote address—Robert Croyle, PhD “Psychosocial Oncology in the Era of Big Science” *</td>
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<td>10:30 a.m.-11:00 a.m.</td>
<td>Coffee break</td>
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<td></td>
<td>11:00 a.m.-12:00 noon</td>
<td>Breakout sessions—Abstract presentations</td>
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<tr>
<td></td>
<td>12:00 noon-2:30 p.m.</td>
<td>Luncheon and Annual General Meeting *</td>
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<td></td>
<td>2:30 p.m.-5:30 p.m.</td>
<td>Breakout sessions—Workshops and abstract presentations</td>
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<td>5:30 p.m.-7:00 p.m.</td>
<td>Poster presentations/cocktail reception</td>
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<tr>
<td>Friday, May 5</td>
<td>7:00 a.m.-9:00 a.m.</td>
<td>Breakfast</td>
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<td>7:30 a.m.-9:00 a.m.</td>
<td>Optional working breakfast—Meet the grantors</td>
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<td></td>
<td>9:00 a.m.-10:30 a.m.</td>
<td>Keynote address—Dr. Andrea Patenaude &quot;A Simple Twist of Fate: The Psychological Impact of Hereditary Susceptibility to Cancer Across the Lifespan&quot; *</td>
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<td>10:30 a.m.-11:00 a.m.</td>
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<td></td>
<td>12:00 noon-2:30 p.m.</td>
<td>Luncheon—Speaker Brian Lobel presents “BALL, a humorous performance about the perception of illness, struggle and survivorship in society today.” *</td>
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<tr>
<td></td>
<td>2:30 p.m.-4:00 p.m.</td>
<td>Breakout sessions—Workshops</td>
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<tr>
<td></td>
<td>4:00 p.m.-5:30 p.m.</td>
<td>Breakout sessions—Workshops</td>
</tr>
<tr>
<td>Saturday, May 6</td>
<td>7:00 a.m.-9:00 a.m.</td>
<td>Breakfast and agency showcase</td>
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<td>7:30 a.m.-9:00 a.m.</td>
<td>Optional working breakfast—Research fellowships and studentships: getting started, getting funded</td>
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<tr>
<td></td>
<td>9:00 a.m.-10:30 a.m.</td>
<td>Keynote address—Dr. Betty Davies “Helping Grieving Children: Lessons from the Siblings” *</td>
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<td></td>
<td>10:30 a.m.-10:50 a.m.</td>
<td>Awards presentation</td>
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<td></td>
<td>11:00 a.m.-12:30 p.m.</td>
<td>Breakout sessions—Workshops</td>
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* French simultaneous translation will be available
Registration Form

If paying by cheque, please mail this completed form with a cheque payable to CAPO to: CAPO, 296 Jarvis St., Unit 7, Toronto, ON M5B 2C5. If paying by credit card, this form may be mailed or faxed to CAPO at (416) 968-6818.

Please print or write very clearly

First name: __________________________________ Last name: __________________________________________
(As you wish to have it appear on your name badge)

Title: ______________________________________ Degree(s): ___________________________________________

Position: __________________________________________________________________________________________

Department: ______________________________________________________________________________________

Institution: _______________________________________________________________________________________

Address: __________________________________________________________________________________________

City: _______________________ Prov/State: __________ Postal/Zip code: __________ Country: ______________

Telephone: (            ) ____________________________ Fax: (            ) _____________________________________

E-mail (please include for registration confirmation): ________________________________________________________

To foster participant collaboration, a list of attendees will be distributed to all registrants. If you do not want your name to appear on this list, please indicate here: ☐ No    (For a copy of our privacy policy, please visit www.capo.ca)

Optional pre-conference workshop registration (check the appropriate box below):
☐ One workshop (members and non-members, no early bird rate, lunch not included) $85 Canadian Funds ($75 US)
☐ Two workshops (members and non-members, no early bird rate, lunch not included)$150 Canadian Funds ($130 US)

Conference registration (check the appropriate box below):

<table>
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<th>Full conference—3 days, regular price</th>
<th>Full conference—3 days, early bird price</th>
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<tbody>
<tr>
<td>CAPO members</td>
<td>☐ $575 Canadian Funds ($485 US)</td>
<td>☐ $525 Canadian Funds ($445 US)</td>
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<tr>
<td>Non-members</td>
<td>☐ $675 Canadian Funds ($570 US)</td>
<td>☐ $600 Canadian Funds ($510 US)</td>
</tr>
<tr>
<td>Students</td>
<td>☐ $150 Canadian Funds ($130 US)</td>
<td>☐ $150 Canadian Funds ($130 US)</td>
</tr>
</tbody>
</table>

The student price applies to undergraduate, graduate and post-doctoral students, as well as residents and fellows. To qualify for this discounted rate, your registration form must be accompanied by a letter signed by a school official, written on school stationary and dated no earlier than September 2005, stating that you are a full-time student for this academic year. Annual CAPO membership is $75 for full membership and $55 for student membership. If you wish to join CAPO to take advantage of the member rate, please download a membership form from our web site at http://www.capo.ca/eng/pdf/CAPO_New_Member_Form.pdf, complete the form, and add the appropriate amount to your cheque or credit card amount.

If you wish to renew your CAPO membership for 2006, please check here ☐ and add the appropriate amount to your payment. Please note that no taxes apply to registration fees or membership dues.

Payment information:

Optional pre-conference workshop registration fee ............................................... $ ___________

I wish to attend:
Morning workshop    ☐ A    ☐ B
Afternoon workshop  ☐ C    ☐ D    ☐ E

Conference registration fee: ................................................................. $ ___________

Total payment .................................................. $ ___________

Method of payment:
☐ Cheque enclosed     ☐ VISA     ☐ MasterCard

Credit card #: ______________________________________ Name on card: __________________________

Expiry date: __________________________

A receipt will be included in your registration package at the conference.

Cancellation policy:

For cancellations received before April 4, 2006, a full refund is available minus a $50 administration fee. No cancellations will be accepted after April 4, 2006. Substitutions will be permitted if the office is notified before April 26, 2006. All cancellations or substitutions must be in writing.

Canadian Association of Psychosocial Oncology
296 Jarvis St., Unit 7, Toronto, ON M5B 2C5 • Phone: (416) 968-0207 • Fax: (416) 968-6818 • E-mail: capo@funnel.ca • Web: www.capo.ca